

la Mitja de Granollers i 5K i 10K 2020

21K Distància: 21.097 mtrs

Classificacions Oficials

Homes

Lloc	Drs	Nom	T_Final	_	Dif	mKm	K5	K10	K15	K20	NomClub
1	1	Stephen Mokoka	1:01:28			2:55	15:05	30:21	45:24	58:41	NIKE
2	26	Yohanes Ghebergergis	1:01:34	a	5.7	2:56	15:05	30:21	45:25	58:42	
3	4	Vestus Cheboi Chenjor	1:01:37	a	8.2	2:56	15:04	30:21	45:24	58:42	
4	27	Joseph Kiprono Kiptum	1:01:48	a	19.2	2:56	15:05	30:21	45:25	58:41	
5	30	Rodrigue Kwizera	1:01:53	a	25.0	2:56	15:44	31:15	46:03	59:04	BURUNDI
6	5	Hoisea Kiplimo	1:02:08	a	39.5	2:57	15:05	30:20	45:25	59:02	
7	6	Mohamud Aadan	1:03:32	a	2:04	3:01	15:05	30:38	46:20	1:00:23	
8	31	Josephat Kiprono Menjo	1:03:33	a	2:05	3:01	15:05	30:30	46:05	1:00:24	KENYA
9	2	Ronald Kiprotich Kirui	1:03:34	a	2:06	3:01	15:04	30:30	46:06	1:00:23	NIKE
10	2570	Richard Pastó Llobera	1:06:40	a	5:12	3:10	15:52	32:40	48:02	1:03:25	AA XAFATOLLS
11	8	Joshua Lunn	1:07:13	a	5:45	3:12	15:44	32:29	48:58	1:03:53	
12	21	Carles Montllor	1:08:46	a	7:18	3:16	16:31	33:18	49:15	1:05:20	ATLETISMO CAL
13	28	Carlos Cera	1:09:50	a	8:22	3:19	16:31	34:12	51:15	1:06:28	ATLETISMO CAL
14	3628	Jordi Alsina Casas	1:09:52	a	8:24	3:19	16:28	33:53	50:08	1:06:25	L' ESPORTIU TO
15	24	Xavier Tomasa	1:10:02	a	8:34	3:20	16:28	33:53	51:09	1:06:37	ATLETISMO CAL
16	3634	Jordi Relats Moreno	1:11:38	a	10:10	3:24	16:31	34:13	51:00	1:07:57	FASTTRIATLON
17	1720	Lucas Alonso Duró	1:12:19	a	10:52	3:26	17:00	35:09	51:58	1:08:43	URBAN ATHLETI
18	3969	Juan Manuel Alvarez Rar	1:12:26	a	10:58	3:26	16:41	34:57	51:40	1:08:44	
19	3002	Albert Caballero Recio	1:12:42	a	11:14	3:27	17:23	35:56	52:46	1:09:15	CLUB ATLÈTIC M
20	3125	Carlos Sáez Ruiz	1:13:25	a	11:57	3:29	17:39	36:08	53:11	1:09:55	FRAIKIN
21	1253	Xavi Arcas Salvador	1:13:27	a	11:59	3:29	17:10	35:36	52:51	1:09:55	CANB - C.A. NOI
22	2495	Miki Sole Perez	1:13:38	a	12:10	3:30	17:23	35:56	52:55	1:09:56	
23	3505	Joan Piqué Serra	1:13:46	a	12:18	3:30	17:38	36:06	53:05	1:10:06	CORREDORS.CA
24	3848	Albert Ruz Quadrada	1:13:57	a	12:29	3:31	17:23	35:57	53:06	1:10:18	
25	5526	Diego Arroyo Mazorra	1:14:03	a	12:36	3:31	17:54	36:17	54:22	1:10:33	MATXACUCA

Dones

Lloc	Drs	Nom	T_Final	_	Dif	mKm	K5	K10	K15	K20	NomClub
1	9	Daria Mykhailova	1:12:39			3:27	17:24	35:27	53:17	1:09:10	
2	17	Lucy Reid	1:14:01	a	1:23	3:31	18:07	36:19	54:07	1:10:22	
3	10	Gemma Barrachina	1:14:22	a	1:44	3:32	17:39	36:07	53:28	1:10:40	RIOS RUNNING
4	25	Jenny Spink	1:14:53	a	2:14	3:33	17:53	36:20	54:32	1:11:09	
5	11	Miriam Ortiz	1:16:27	a	3:48	3:38	17:39	36:22	54:20	1:12:30	AA CATALUNYA
6	14	Alison Lavender	1:16:45	a	4:07	3:39	18:24	37:19	56:05	1:13:00	
7	22	Elisabet Gordon	1:18:13	a	5:35	3:43	18:58	38:31	57:42	1:14:33	C.A.MONTORNE
8	16	Katie White	1:18:26	a	5:48	3:44	18:24	37:49	57:02	1:14:33	
9	5674	Encarna Nuñez Mesa	1:19:29	a	6:51	3:47	19:07	38:30	57:58	1:15:36	
10	2493	Silvia Segura Parra	1:20:30	a	7:51	3:49	19:04	39:07	57:52	1:16:30	
11	1874	Martina Recalde	1:25:46	a	13:08	4:04	20:30	42:10	1:02:21	1:21:48	CLUB PROAM
12	3208	Eva Martos López	1:27:46	a	15:07	4:10	20:26	42:05	1:02:39	1:23:30	C.A. CANOVELLE
13	1765	Aida Perez Soler	1:28:00	a	15:21	4:11	20:16	42:25	1:03:10	1:23:41	C.E. DEPORUNN
14	3427	Carmen Martin Valencia	1:28:25	a	15:47	4:12	21:24	43:25	1:04:02	1:24:07	A4ELKM
15	1189	Ruth Guillem Mas	1:28:53	a	16:15	4:13	21:08	43:22	1:04:07	1:24:34	
16	3498	Ana Belén García Rull	1:28:56	a	16:17	4:13	21:40	43:34	1:04:16	1:24:38	FISIOGRANOLLE
17	1882	Anna Beltran Cabeceran	1:29:23	a	16:44	4:15	21:25	43:39	1:04:45	1:25:12	CLUB PROAM
18	1541	Carla Cuso Cuquerella	1:29:33	a	16:54	4:15	21:27	43:39	1:04:45	1:25:20	
19	1307	Cristina Sole Marce	1:30:13	a	17:35	4:17	21:14	43:35	1:04:47	1:25:47	RUN4US
20	2282	Cristina Rovira Ramon	1:30:46	a	18:07	4:19	21:35	44:03	1:05:17	1:26:22	
21	32	Mireia Guarner Piquet	1:30:51	a	18:12	4:19	20:59	43:16	1:05:38	1:26:22	
22	1607	Alice Victoria Tozer	1:31:02	a	18:23	4:19	21:27	44:13	1:05:56	1:26:40	PRORUNNERS
23	2353	Francina González Roca	1:31:43	a	19:05	4:21	21:57	44:46	1:06:19	1:27:25	
24	3327	Anna Codina Mir	1:32:24	a	19:45	4:23	21:39	44:43	1:06:18	1:27:55	A4ELKM
25	2328	Mercè Puigdueta Pañach	1:32:44	a	20:05	4:24	22:18	45:05	1:06:39	1:28:04	CN CALDES